

LACROSSE CAMP

JULY 27-30 Grades 1-8

This camp, is directed by the Winnacunnet High School Girls Varsity coach Micheala Hardy. This camp is a four day clinic focusing on player development. Daily skills will cover stick handling/cradling, passing, catching, shooting, and offensive and defensive play to develop confidence and improve a player's understanding of the game. NEW to the program this summer is

BOSTON CANNON player Jim Connolly who will be working with the boys.



EQUIPMENT NEEDED:

GIRLS: Lacrosse stick, goggles & mouth guard

BOYS: Lacrosse stick, shoulder & arm pads, helmet & mouth guard

